

Simple Toe-Up Sock pattern



Materials

1 ball 4 ply sock yarn
2.5mm circular needle, 80cm long
Crochet hook
Waste yarn

Tension

Abbreviations

K Knit P Purl
w&t slip following stitch from left needle to right needle.
Move yarn from back to front of work, between the needles,
slip stitch back to right hand needle. Turn work.

The heel and toe are worked in garter stitch.

With waste yarn, make a slip knot and using a crochet hook chain 30 sts around your needle, adding a few extra chains at the end. Fasten by threading end of yarn through last chain. Move the crochet chain so that the slip knot is at the end you are going to cast on and the loose chains on the far left (these will be unravelled later on).

Knit 1 row and turn. You will now start shaping one side of the toe using short row shaping.
Row 1 (rs): Knit until 1 st is remaining on left hand needle, w&t.
Row 2 (ws): Knit until 1 st is remaining on left hand needle, w&t.
Row 3: Knit to last unwrapped st, w&t.

Repeat row 3 until there are 8 unwrapped sts left in the middle and 11 wrapped sts on either side. Ending with a ws row.

You will now complete the toe shaping as follows:
Next row (rs): Knit 8 unwrapped sts, knit the first wrapped st, w&t (making a st with 2 wraps)
Row 2 (ws): K8, knit the next wrapped st, w&t.
You now have 1 double wrapped st either side of your centre sts.
Next row: Knit to double wrapped st, knit the double wrapped st, w&t.

Repeat this last row until one double wrapped st remains on each side of the needle, ending with a ws row.
Next row: Knit 30 instep sts and undo provisional cast on, placing the resulting 30 sts on the needle using the magic loop technique.

Continue in st-st (knit every row) until foot is 2" shorter than required foot length.

Shape Heel as follows. Knit to last 3 sts of instep, move these sts to join the sole sts. Knit across sole sts and knit first 3 sts from instep sts bringing them to join the sole sts. Making a total of 36 sts on the sole needle which will be used to work the heel.

Next row: Knit to last unwrapped st, w&t.
Repeat this row until there are 8 unwrapped sts left in the middle and 14 wrapped sts on either side. Ending with a ws row.
The heel shaping is now completed in the same way as the toe shaping.

Next row (rs): Knit 8 unwrapped sts, knit the first wrapped st, w&t (making a st with 2 wraps)
Row 2 (ws): K8, knit the next wrapped st, w&t.
You now have 1 double wrapped st either side of your centre sts.
Next row: Knit to double wrapped st, knit the double wrapped st, w&t.
Repeat this last row until one double wrapped st remains on each side of the needle, ending with a ws row.

Continue in st-st over all sts until leg of sock measures approx cm. Work 2.5cm in rib. Cast off loosely and evenly.

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